



Project Proposal

Version 4.0

Tuesday May 7, 2013



Revision Sign-Off

By signing the following, the team member asserts that he has read the entire document and has, to the best of his knowledge, found the information contained herein to be accurate, relevant, and free of typographical error.

Name	Signature	Date
Alex Anduss		
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Revision History

The following is a history of document revisions.

Version	Date Revised	Comments
0.1	Sept. 30, 2012	Initial draft.
0.2	Sept. 30, 2012	Document styled and project proposal text was revised.
0.3	Oct. 1, 2012	Proposal text revised.
1.0	Oct. 2, 2012	To be submitted for grade.
1.1	Jan. 17, 2013	Removed Daniel Ducic
2.0	Jan. 29, 2013	Reflects state of project at end of iteration 2.
4.0	May 7, 2013	Iteration 4 Final Version

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Project Proposal

Preventable chronic diseases are a leading cause of premature death in Tarrant County. HealthyFROGS proposes to develop a system, which shall promote healthy living in Fort Worth communities serviced by GoodNEWS, a program partnering with city, congregation, and community leaders to reduce the risk of chronic disease. The proposed system shall include a multiplatform mobile application to assist residents of the Fort Worth area with living a better lifestyle according to the seven dimensions of health: physical, mental, intellectual, occupational, spiritual, social, and environmental well-being. In addition, the system shall include a web interface, which will act as a content management system allowing GoodNEWS employees to maintain up-to-date resources. Using this system, GoodNEWS will be able to disseminate information on healthy living, and interact with members of the community. Users will be able to assess their lifestyle, and track their progress toward healthier life choices. Leaders attending GoodNEWS events and seminars will be able to better interact by using the application to participate in surveys and provide feedback. The system shall be developed for UNT Health Science Center's GoodNEWS program utilizing Apple iOS and Android devices.